



BACHMAN LAKE  
COMMUNITY SCHOOL

Start Young. Involve Parents.

Early Head  
Start Annual  
Report

2015-2016

School Year

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## Introduction

This report has been prepared in order to comply with the Head Start Reauthorization Act of 2007. The Act states that:

“Each Head Start agency shall make available to the public a report published at least once in each fiscal year that discloses the following information from the recently concluded fiscal year, except that reporting such information shall not reveal personally identifiable information about an individual child or parent:

- (A) The total amount of public and private funds received and the amount from each source.
- (B) An explanation of budgetary expenditures and proposed budget for the fiscal year.
- (C) The total number of children and families served, the average monthly enrollment (as a percentage of funded enrollment), and the percentage of eligible children served.
- (D) The results of the most recent review by the Secretary and the financial audit.
- (E) The percentage of enrolled children that received medical and dental exams.
- (F) Information about parent involvement activities.
- (G) The agency’s efforts to prepare children for kindergarten.
- (H) Any other information required by the secretary

### Parent Education includes the following four components:

- **Personal Visits:** A trained Parent Educator is assigned to each family in the program making home visits every week. Parent educators share age-appropriate child development information while helping moms and dads put into practice techniques for language development, exercise, discipline, and fun with their children.
- **Screening:** In addition to increasing parent knowledge of child development, the Parent Educators perform screenings for early identification of development delays and health, vision, and hearing problems. If developmental problems are found, families are referred to community services which specialize in the area of concern.
- **Resource Network:** Family Advocates help families identify and connect with needed resources. This may include instructions on how to access resources at the local library or how to fill out “CHIP” and Medicaid applications.

# Our Mission

Lumin Bachman Lake Community School's mission is to create nurturing environments that foster the child's creativity, independence, and love of learning. We see parents as the first and best teacher of their children.

From the youngest baby learning to smile to the three year old helping mom and dad with the daily chores, our at-home visits from parent educators have challenged parents to see their children as eager learners, able to respond and mimic activities.

Parents build their confidence as teachers, and their children respond to each new lesson with pleasure. Along the way, parents are empowered in their own homes and communities, while the children thrive—their minds open and hungry for learning.

Children, even infants, respond to their parents' love and leadership. At Bachman Lake, we partner with families to set goals for positive, healthy child development. Children's mental, emotional, social, and physical wellbeing are all taken into account as our parent educators assist each family with a plan they are eager to execute.

We put tools and resources into the hands of low-income parents so that these families can achieve their number one goal – educational success and a better life for their children.

Home Visits are the core of the Lumin BLCS program. With weekly one-on-one visits from a parent educator, parents are taught principles based on the Parents as Teachers curriculum and the Montessori method of instruction. Parents take the lead in the development of language skills, motor skills, and social interaction – all vital to school readiness.

Lumin BLCS employs many enrichment programs to give parents and kids ways to interact with each other and with their local community. Field trips to the Dallas Zoo and the Dallas Arboretum feed a child's natural curiosity and creativity.

Their senses respond to every aspect of the trip—from riding a bus to the interaction with new children, to seeing the animals from a picture book come to life in the natural world.

# News from Lumin BLCS

The past year has been a busy and productive one for the dedicated staff and parents of Lumin Bachman Lake Community School.

## Parent Engagement

We continue to see an increase in parental involvement. Parents volunteer their time to do additional educational activities with their children between Parent Educator visits. Parents volunteer to serve on the Lumin Bachman Lake Community School's Policy Council, a key component of our program's governance structure. Parents are active in the parent meeting which is similar to a PTA meetings. On average, Lumin Bachman Lake Community School parents volunteer over 300 hours per month.

## Children are Making Progress toward School Readiness Goals

We have administered the Brigance Inventory of Early Development III three times a year for three years. The Brigance assesses and tracks children's developmental progress toward school readiness on four dimensions—Social-Emotional, Cognitive and General Knowledge, Physical Development and Health, and Language and Literacy. This year, 30 infants and 90 toddlers were assessed with the following results:

- 94% demonstrated age appropriate physical development and health.
- 84% demonstrated age appropriate language and literacy skills.
- 97% demonstrated age appropriate social emotional health.
- 94% demonstrated age appropriate cognitive and general knowledge skills.

## Early Identification of Children with Developmental Delays

We administer the Ages and Stages Questionnaire, a developmental screening tool, multiple times a year based on the child's age. The Ages & Stages Questionnaire pinpoints developmental progress in children between the ages of one month to 5 ½ years. It is vital that delays and disabilities are identified as early as possible so children can receive the benefits of early detection and intervention. Scientific research consistently shows that the first three years of life are critical for the development of brain structure and functioning. Because developmental screening is a process that selects those children who will receive the benefits of more intensive evaluation, or of treatment, all infants and children should be screened for developmental disabilities, otherwise some may be denied access to needed care. (AAP, 1994)

- We refer 10% of our population to Early Intervention Services annually.
- During the 2015-2016 program year, we had 25 children with Individualized Family Service Plans through our Early Intervention service provider.

# 2015-2016 Budget

## Lumin Bachman Lake Community School

	<b>2015-2016 Budget</b>
<b>Revenue</b>	
Federal Revenue	1,683,109
Federal Breakfast Program Revenue	-
Fiscal Agency Revenue	-
State Revenue	-
Donations	495,042
Gift in Kind Revenue	107,460
Tuition and Fees	-
Interest Income	-
Rental and other income	-
<b>Total Revenue</b>	<b>2,285,611</b>
<b>Expenses</b>	
Salaries	1,359,901
Payroll Taxes & Benefits	381,635
Professional Services	190,683
Food	-
Supplies	78,100
Staff Training	40,488
Repair & Maintenance	46,978
Telephone & Utilities	88,476
Insurance	5,060
Dues & Fees	3,900
Printing & Postage	2,280
Computer & Other Equipment	40,030
Miscellaneous Operating Expense (64	48,080
<b>Total Expenses</b>	<b>2,285,611</b>

# Our Services

## Home Visits

Since Bachman Lake Community School serves children from pregnancy to 3 years of age our focus is on supporting the parent in becoming their child’s first and most important teacher.

On a typical weekly home visit, the Parent Educator will provide the parents information on their child’s development – helping them understand the connection between activities offered and brain development and its impact on language, discuss any concerns or questions they have about their children and connect them to resources to help their family wellbeing.

Essentially, every visit, every conversation, every interaction the Parent Educator has with the parent and child builds the foundation for learning and preparedness for school.

In addition, we have a committee in place that develops school readiness goals related to the five domains—Social Emotional, Approaches Toward Learning, Language Development, Cognition, and Motor Development.

Through the use of strong PAT and Montessori curricula, our weekly home visits are aimed at developing secure attachment, curious exploration, vocabulary, sensorial investigation, and discovery of movement.

## Maternal Care

Pregnant women receive linkage to prenatal health care, prenatal education on fetal development, information on the benefits of breast feeding, substance abuse prevention, and linkage to post-partum health care.

## Medical and Dental

At the end of the 2015-2016 program year, 100% of enrolled children had health insurance, 100% had an ongoing source of continuous, accessible health care, 93% were up to date on well child checkups, and 93% were up to date on immunizations appropriate for their age. Lastly, 93% of children had an ongoing source of continuous, accessible dental care.

## Socializations

Parent Educators and their families spend time together monthly in group meetings focusing on topics such as:

Discipline	Nutrition	Transportation (DART)
Safety	Independence and Self Esteem	
Language Development	Literacy – Library Services	

This is also a time for families to connect with other families whose children are enrolled in Bachman Lake Community School. By getting to know each other, they are able to support one another with transportation, job options, and childcare. we have 30 group socializations a year

## **Number of People Served**

During the 2015-2016 year, we served 204 children 0-3 years of age and 30 pregnant women in 190 families. The average monthly enrollment was 140, which is 100% of our funded enrollment.

## **Social Services**

Lumin Bachman Lake Community School has a holistic, comprehensive approach in working with families. Our Family Advocates help link families to external resources that will improve overall family functioning. As Sandra Huerta and Heather Sandstrom with the Urban Institute noted in the *The Negative Effects of Instability on Child Development: A Research Synthesis*, “Achieving school readiness among children enrolled in a prekindergarten program is difficult without first ensuring children have safe and secure housing, proper nutrition and medical care, and stable and supportive parents who can foster regular school attendance”.

During this program year, we linked

- 55% of families to an emergency or crisis intervention service
- 18% of families to rent and utilities assistance
- 26% to ESL classes and
- 26% to mental health services.

# Our Partners

## The Warren Center, our partner in Early Childhood Intervention

- The Warren Center's mission is to assure that children with developmental differences or disabilities, and their families, receive the resources and support they need to reach their full potential. The Warren Center's ECI program provides an initial evaluation (to determine eligibility) at NO COST to the family.
- Once a child is determined eligible, an individualized family service plan is created.
- Services include:
  - Screenings & Assessment
  - Occupational & Physical Therapy
  - Speech/Language Therapy
  - Feeding & Nutrition Therapy
  - Developmental Therapy
  - Transition Assistance to Additional Services. (all the above take off their website)+

## Dallas Area Interfaith (DAI), our partner in parent engagement

- DAI is instrumental in teaching our parents how to address community issues and organize groups to make changes for the common good.

## Bachman Lake Together

- The Zero to Five Funders Collaborative was founded in 2008 by like-minded funders to ensure children in low-income neighborhoods are physically, emotionally, socially and intellectually ready for school by age five. In response to the commitment of Bachman Lake families and to help them sustain their progress long-term, the Collaborative opened the Bachman Lake Together Family Center in May of 2016. Bachman Lake Together Family Center houses staff from Lumin Bachman Lake Community School, Avance, Catholic Charities, and The Concilio.
- In addition to being a safe, central location where families can gather and access early learning resources, the center offers services to help low-income families deal with financial, health and other stresses that can negatively impact children's development. Resources are selected based on the needs and requests of parents in the community. Working together under one roof, not only is school-readiness promoted, but also strong, healthy families.